

Thinking about reaching out?

If you are becoming worried about your child's needs, here's where you can go for free, information advice and guidance

SEND and YOU

Independent advice and support service for special educational needs and disabilities

0117 989 7725

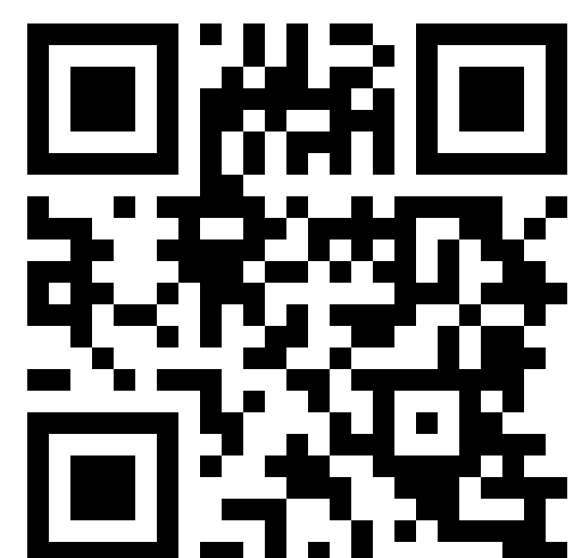
www.sendandyou.org.uk

support@sendandyou.org.uk



Bristol's Local Offer

website: a single place of information about services and support for children and young people from birth to 25 years old who have Special Educational Needs or Disabilities, and for their families and carers.



Sign up to the mailing list 

FLORA

Families Local Offer Resources and Advice:
A free helpline for early support with your child's additional needs
0117 352 6020
flora@bristol.gov.uk



The person responsible for SEN, normally referred to as the **SEND Coordinator or SENDCo**

at your child's nursery, school or college can help you to understand the settings SEN policy and the help that can be put in place to support your child.

SEND Parent Carer and Community groups who may be able to offer further support 

SEND and Community Support Groups



Autism Independence is a Bristol-based organisation which works with families and local authorities to help transform the lives of children with autism



Bristol Autism Support provide information, support and training for parents and carers of autistic children in BS postcodes. Parents and carers do not need a diagnosis for their child in order to access our services.



Bristol Parent Carers An independent charity run by parent carers for parent carers; providing signposting information for parents/carers of children and young people with SEND. They work with local SEND services to ensure that they are able to meet the needs of local families & hearing your feedback is an important part of that.



Bristol Black Carers provide culturally appropriate support and services for young and adult carers from the Caribbean, African and Asian communities and their families across Bristol.



Barton Hill Activity Club Young kids: we offer a number of activities/ holiday/ half term activities. Families/residents with language barriers we provide support with communication. Elderly: shopping, errands deliver medication, fill in forms



Extraordinary Links Create a safe environment for families to enjoy time together and build a support network for the entire family. We encourage parents of a disabled child to bring all children, as siblings need support too!

SEND and Community Support Groups



Gympanzees fun & fitness for children and young people with disabilities. Pop Up play centres during Easter & Summer holidays, with multiple interactive rooms, different session types & specialist disability equipment. Equipment lending service for families & an online resource hub full of ideas & activities to support disabled children to get active & encourage play & learning at home.



Incredible Kids Offer inclusive play sessions in Bristol. Whether you are looking for support, advice, friendship or fun inclusive family play you will find something for everyone in your family at Incredible Kids.



Ignite Bristol a movement to get more Disabled people active in Bristol. A place to showcase inclusive activities for participants & a new network of individuals, clubs & organisations working together to make Bristol a more disability inclusive, active city.

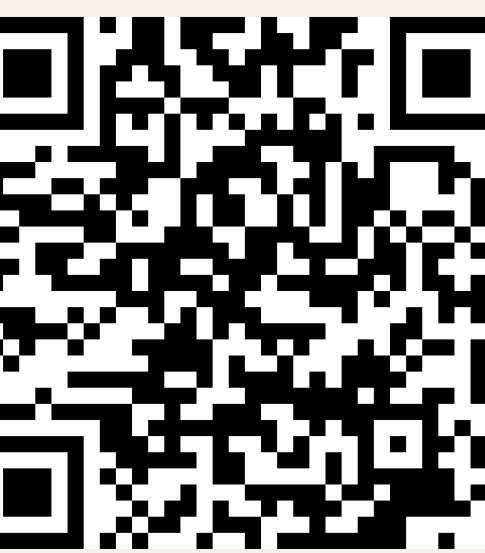


Khaas Offer recreational, respite & educational activities for children & their families, alongside support, information & advice. Culturally competent to working with the BAME community and have the skills and knowledge to deliver services that meet the needs of the community



Mothers For Mothers Are women with lived experience offering Information Advice & Support on perinatal mental health. If you're experiencing anxiety, depression, distress and/or isolation during pregnancy and/or after the birth of your baby - REACH OUT to us for immediate support. We offer SEND support to families.

Please drop into our peer support groups for an informal session with a SEND Support Worker



Murmuration Community Therapy runs nurture groups - 8 week-courses supporting the mental health & social connections of SEND parents, leaving them with an ongoing network of support. For parents of children with any disability or at pre-diagnosis stage.

SEND and Community Support Groups



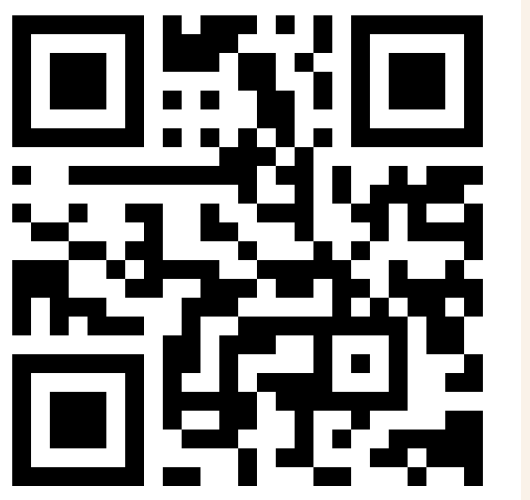
National Autistic Society (Bristol Branch) is run by a small group of volunteer parents, carers and friends of people on the autism spectrum who give their time and energy to support autistic people and their parents/carers.



NeonDaisy helps girls who are identified as autistic to make connections with each other. We also inspire & inform professionals and families about neurodiversity to build better support, sooner



Nothing Special an interactive group set up to help those who wish there was something out there for their young person. If you can't find it's not out there, create it and make it happen



SENSE Believe everyone should be able to take part in life, no matter their disability. Our work helps thousands of people who are deafblind or who have complex disabilities to communicate, experience the world and fulfil their potential.



Somali Resource Centre Help Somalis to access mainstream services and navigate complex UK systems so that we creating a healthy, vibrant Somali community, integrated into British society as active social and economic participant.s



FACE is a youth and community charity commissioned to coordinate the Bristol Autism Project for Bristol City Council. BAP provides holiday-time activities for autistic children or those with Social, Communication and Interaction Needs aged 4-18 and their families (parent or trusted adult must attend). Families must be registered with BAP to receive programmes and booking details.

For more information about these and other SEND groups and activities see Bristol's Local Offer Website and Facebook page

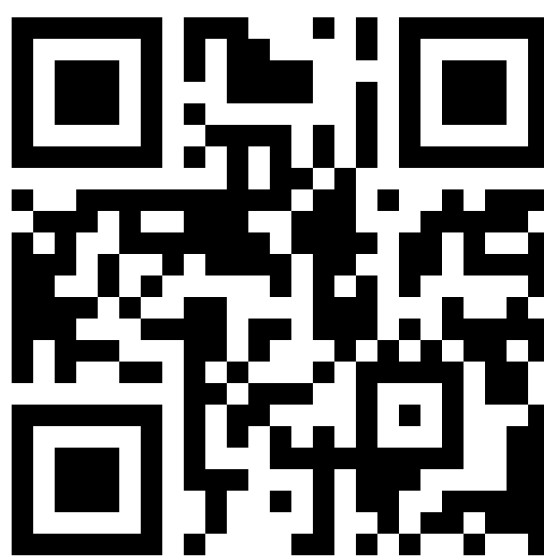
SEND and Community Support Groups



Family Centre, Deaf Children Provide information, advice & a sense of community to deaf families. We run workshops, BSL courses & provide social, emotional, & educational support for the whole family together with recreational activities & opportunities for the children.



Ups and Downs Are a Down Syndrome support charity serving children & young people, their parents/carers & all linked professionals dealing with the health and education of children and young people who have Down Syndrome



WECIL support families with Disabled Children through drop off & family evening & weekend activities designed around the child or young persons interests & needs as well as support & guidance for any areas that families may be struggling with. Every question, issue, frustration or query is valid. We work closely with you and offer support on what matters to you & to find practical & realistic solutions.

Support From Bristol City Council Teams

Family courses offered by the Bristol Autism Team



BAT support children and young people who have a formal diagnosis of autism and those on the pathway to diagnosis. BAT also support families of children who have a diagnosis of autism or are going through the assessment process & have social communication and interaction needs



Family courses offered by the Families in Focus team

Families in Focus offer a range of parenting courses for parents of children aged 3 to 17 . All courses are free, term time only and unless stated are available to Bristol Parents and Carers



What help should I expect from my school or setting . This

guide describes the provision that is expected to be made for children & young people with SEND in Bristol schools and educational settings. It sets out the approaches that should be in place for all CYP with SEND in mainstream schools and EY settings. It also describes the provision that should be in place for CYP with different types of SEND.